國立台灣大學開授課程大綱

*課程大綱包括:修課條件、課程目的、課程內容、上課方式、成績評量、參考書目…. 等

課程名稱:精神科臨床心理實習(中文課程大綱):

課程大綱:

本課程乃臨床組的必修課程,選修的必要條件為已修習完成臨床組的實習 前必修課程,授課對象以本所臨床組碩士班研究生為主,學程為六個月 (7/1~12/31或1/1~6/30),共計六學分。實習課程的目標包括「運用心理學原理 與心理學知識,透過心理衡鑑,瞭解精神疾病內涵與病程,並學習心理治療」。

本學期的實習內容:

- 1. 門診跟診與觀察
- 2. 門診的臨床問診與診斷
- 3. 急性病房觀察
- 4. 心理衡鑑及報告撰寫
- 5. 心理治療及報告撰寫
- 6. 團體治體及觀察記錄
- 7. 個案研討會與專題討論
- 實習醫院與場所:長庚紀念醫院精神科與台北榮總精神科

實習期間:

每週實習時間:依特定醫院之上班規定,原則上,W1~W5:08:30 AM~ 12:30PM,01:30~05:30PM;W6:08:30 AM~12:30PM (if required)

課程名稱:精神科臨床心理實習(英文課程大綱): Clinical Psychology Internship in Psychiatry

Goal and Objectives:

The internship course is part of the core curriculum prior to completion of the MS in Clinical Psychology Training. This 6-credit course requires of each intern 6 months full-time training in a chosen psychiatry setting $(7/1 \sim 12/31 \text{ or } 1/1 \sim 6/30)$. The course aims to prepare interns for the entry level of psychological practice that is based on the science of psychology and that will be mainly operated in psychiatry-related settings. With practice and clinical supervision, the primary training goal

includes: 1) to develop competence and confidence in psychological assessment and psychotherapy for various psychological disorders, 2) to provide service delivery in direct contact with patients and their related persons, and 3) to mature skills of socialization into the clinical psychology profession as well as cooperation with mental health teams.

Training Contents:

- 1. OPD and Inpatient-ward observations
- 2. Intakes and Diagnosis
- 3. Psychological assessment
- 4. Individual Psychotherapy
- 5. Group Observations and Co-lead/Lead Therapy
- 6. Participation and presentation in case conference
- 7. Clinical presentation of case formulation and related readings.

Internship sites: Department of Psychiatry at Chang Gung Memorial Hospital or Taipei Veterans General Hospital.

Time Period:

Weekly Working Hours: Interns are required to follow the daily schedule of the chosen hospital. Basically, the working schedule starts from 08:30AM ~ 12:30PM and 01:30PM ~ 05:30PM on Monday through Friday, and if required, 08:30AM ~ 12:30PM on Saturday.

Prerequisite:

Prior completion of 6 credits of psychological assessment related courses, 6 credits of psychotherapy related courses, and 9 credits of psychopathology related courses. Permission from the instructor and acceptance from the clinical psychology division of the chosen hospital are required prior to enrollment.